



Avian Flu “Bird Flu”



A virus that spreads mostly in birds but can also infect people, causing serious breathing problems.

Signs and symptoms:

- Red eyes
- Fever
- Cough
- Sore throat
- Runny nose
- Body aches
- Headache
- Tiredness
- Trouble breathing

Reduce risk by:

- Avoiding sick animals and their waste
- Not drinking raw milk
- Wearing protective gear
- Washing your hands
- Not touching your face

For more info,
scan the QR code

